



**COPPER ROSE ZAMBIA**  
Beautiful. Valuable. Empowered.



## *ANNUAL REPORT - 2019*

### *Lay out*

- Our vision and Mission
- Our work
- Our team
- Our Approach
- Financials
- What's ahead

## **EXECUTIVE SUMMARY**

This is the annual report of the summary of activities done by Copper Rose Zambia (CRZ) for the year 2019. The report encompasses the work done, challenges, lessons learnt, financials and what we hope to do in the year 2020. The year kicked off with the continuation of the girls' council project from the previous year which aimed to end child marriage in Mpongwe district. Throughout the year, we had exciting Candid pride outreaches done with the help of our volunteers. We also had new exciting projects such as Health Action for Adolescents and Youths in Zambia which is supported by Action Aid Zambia and is being implemented and we have expanded to the Eastern Province with a policy communication based project supported by Champions of Global Reproductive Rights (PAI).

### **Our vision**

We envision a world in which every woman, girl and young person is happy, healthy and living to their full potential.

### **Our mission**

To make a difference in the lives of women and girls by educating them about their sexual and reproductive health rights and responsibilities so that they may exhibit autonomy in order to reach their full potential and be effective leaders and agents of change in their communities.



## HIGHLIGHTS OF OUR WORK



### ENDING CHILD MARRIAGES IN MPONGWE OUTREACH CAMPAIGN



*Ending child marriages in Mpongwe Rally*

Ending Child marriages is one of the challenges that Zambia is experiencing, Copper Rose Zambia through our Mpongwe Girls Council project which was aimed at raising

awareness on ending child marriage held a rally in Mpongwe, Copperbelt Province. This was an exciting activity as it was a tool to raise awareness to over a thousand people in Ibenga and Mpongwe. This saw people from all walks of life join in the fight against child marriage, from pupils, marketeers, parents and community leaders who attended the rally. The parents used the rally as an opportunity to encourage their children to concentrate on education because marriage is not a major achievement in life.

## *WOMEN'S DAY CELEBRATION*

Copper Rose Zambia participated In Women's day celebration which was commemorated on 8<sup>th</sup> March, 2019. As firm believers in menstrual health management, it would have been incomplete for us to celebrate women and not talk about

believe that menstruation

is why we are about it. Copper in collaboration

Women

Zambia

day by having a



menstruation. We

women and

are inseparable that

not ashamed to talk

Rose Zambia team

with Medical

Association of

celebrated women's

Career talk and

sanitary pads distribution program at Mwembeshi High School with over 300 girls.

The two teams inspired the girls by sharing their different and unique stories of how they all became what they are; the women reminded the girls that it's possible to be anything they want to be as long as they put their mind to it. On the other hand, our other team of dedicated staff and volunteers in collaboration with Friends was spending time with female inmates at Lusaka Central Prison speaking about menstrual health management and also distributed sanitary pads to the inmates.

## *SPORTS AND SRHR-YOUTH DAY*

Copper Rose Zambia in partnership with Bauleni United Sports Academy (BUSA) reached out to adolescents in sports with information on SRHR and MHM during an Edusport event on Youth day. This was a soccer activity which was titled, 'Dare to dream community champions league finale.' This brought together over 300 players

from around Lusaka and it was held at Prince Takamado grounds in Bauleni. Copper Rose took advantage of the many youths that participated in the tournament and shared SRHR information and distributed MHM products and condoms to the players before they got on the pitch.



*SRHR information been shared  
during the youth day celebrations  
at Bauleni Sports Academy*



*CRZ staff playing a game on  
safe sex*

## *HAAYZ PROJECT*

This year Copper Rose Zambia in partnership with Action Aid Zambia started implementing the Health Action for adolescents and Youths in Zambia (HAAYZ) project in Mazabuka district of southern province. The main goal of this project is to improve accountability and awareness of SRHR for adolescents and young people in Mazabuka. The project is supporting 5 health facilities (through the adolescent friendly spaces) namely; Magoye, Lubombo, Nakambala, Kaleyia and Kaonga and is intended to run for 3 years.

Among other activities under HAAYZ, CRZ has trained at least 20 in smart advocacy for SRH-R commodities, trained young people and NHCs in ADH SRH policies. Other activities included; radio shows, community

outreaches, roadshows, stakeholder engagements, Technical working group meetings at national and facility level among others.

Through these outlined activities, Copper Rose managed to reach out to a number of adolescents in Mazabuka, disseminated SRHR information to adolescents and young people and aided the peer educators at facility level to be able to advocate for their own SRHR commodities and be able to participate in TWG meetings at facility level. The other achievement is that through the awareness programs that Copper Rose did, all the five CRZ supported facilities recorded a growth in numbers of how many adolescents are coming and participating in the adolescent friendly spaces at the facility level.





*Participants during SMART accountability training in Mazabuka*



*Participants doing an exercise during the policy communication workshop*



*Roadshow to disseminate SRH information in Zambia compound, Nakambala.*



*Participants pose for a photo after the SMART advocacy training.*



*Peer educators during a radio program at Mazabuka Radio.*

## NATIONAL HEALTH WEEK

The year would not have ended without CRZ being part of the National Health week which was in the third quarter of 2019 at OYDC Olympic Youth Development Centre in Lusaka. It was a delightful event for CRZ as we were given an opportunity to exhibit and showcase what we do to the Republican president and to the minister of Health and other VVIPs.



*President Edgar Chagwa Lungu and young people passing through the adolescent stand at national health week*

## CANDID PRIDE

Copper Rose Zambia conducts a campaign called Candid Pride every year and this year it brought a lot of partnerships with other organisations, it exposed CRZ into having interactions with

key populations like the inmates, the street kids and the differently abled adolescents from Amos foundation in Kafue. It is a campaign that was started in August 2015 to break the silence on

menstruation and sexual and reproductive health among adolescents in Zambian communities. The outreach activities that CRZ conducted this year were aimed at raising awareness

about menstrual health management, breaking the barriers and myths surrounding menstruation and distribution of MHM products to young girls and key populations and even teaching them how to make washable pads.



*Pupils at Margaret Mwachiyeya posing for a photo after receiving pads in Chongwe*



*Adolescents displaying their*



*washable pads after sewing at Amos foundation in Kafue*



*CRZ staff speaking to adolescents living on the street on SRHR*



*CRZ volunteers pose for a photo at Lusaka central prison*

Copper Rose Zambia was this year honoured to receive a low cost sanitary pad making machinery from the Lusaka Indian Ladies Association (LILA) through the Indian High Commissioner Mr Ngulkham Jathom

Gangte who handed over the machine which will help in manufacturing of pads for girls in Zambia. We couldn't be happier because this means that more girls have access to sanitary pads during their period.



*CRZ DPM poses for a photo with the high commissioner of India and the Lila women foundation after receiving a pad sewing machine in Lusaka*



Copper Rose Zambia had another pad sewing exercise with the women from SOS community in August 2019 this was in partnership with SOS children's villages. We believe in economic empowerment for these women and so it is our mandate to provide them with the skill so that they can make washable pads and sell them to their communities and in the end make money from that. This was a great achievement in the sense that women were empowered with the skill that contributes to their income generating activities.



*Pad sewing training with women at SOS children's village*

## *MENSTRUAL HEALTH MANAGEMENT DAY*

On the menstrual hygiene management day we had an amazing movie screening titled 'Period. End of Sentence' movie at Numetro cinema in Lusaka. Conversations around menstruation with people from different walks of life was at the top of the agenda. Men were encouraged to join in

breaking the tension of talking about menstruation by offering support to women and girls during their period.



*CRZ CEO speaking to the attendees at the movie screening*



*CRZ CEO posing for a photo with our guests at the movie screening*

## *OUR APPROACH*

We have an inclusive approach towards achieving our goals. As copper Rose we have been working closely with our peer educators and volunteers under in all our activities and projects. With support from the volunteers, all our programs have been successfully done as planned through the Community and school outreaches, radio programs and many other activities.

## *CHALLENGES FACED*

2019 was a great year for CRZ but did not go without challenges. Some of the major challenges the organisation faces include but are not limited to; Limited human resource (in terms of full time staff). Late disbursement of funds from supporting partners which led to late implementation of activities in some cases as well as stoke out of sanitary products among other challenges..



## *VOLUNTEER PROFILE*

Chimwemwe Chitambala is a second year student at the biggest tertiary university in the country. She is studying a bachelor in Business Administration and Economics. "Volunteering at Copper Rose Zambia has being a life changing opportunity for me as a young person". My journey with Copper Rose has improved and helped be a greater leader in my community. I started volunteering at Copper Rose when I was 16, being the youngest I was challenged to look out for opportunities and grab them. I have grown to be a good public speaker with the engagements of adolescents in

community outreaches, I can mobilize and organize outreaches thanks to the opportunities and platform Copper Rose offered me.

Every outreach, training and other opportunities have brought about personal growth and development for me as a young leader. I train and facilitate sessions of different topics with the confidence I have gained from my volunteering experience. My main achievement was finding a mentor at Copper Rose. Natasha the Co-Founder spared her time with her busy schedule to offer her knowledge and skills to help me as an individual, I have been able to accomplish so much with her help.

Through her mentorship and her help I am founding an organization called Embrace Her, an organization that fosters social and economic development for young women. She was the main person I consulted for everything and how best to go about it.

Copper Rose Zambia has been a space of growth and success for me as a volunteer.

## *OUR FINANCES*

## *WHATS AHEAD*

2020 is anticipated to be one of the most exciting years yet for CRZ. We expect to implement at least 5 projects across 3 provinces.

CRZ will be implementing two new projects in the coming year and thus expanding to new districts. A safe abortion project in Nyimba and Petauke district of Eastern province with support from SAAF and a condom distribution and SRHR focussed project in tertiary institutions in Lusaka supported by HIVOS. Furthermore, CRZ has just recently joined the Eastern and Southern Africa consortium on youth SRHR and we are excited to see what this new collaboration looks like and what impact it will have on AYSRHR in Zambia.



We will continue with the PAI and HAAYZ projects as well as candid pride and we hope to introduce more projects during the course of the year in order to reach as many young people as possible.

We will kick start our journey with a staff retreat to plan for 2020 soon after the festival break and we invite you to stay with us on this journey as we continue advancing adolescent and youth sexual and reproductive health and rights including Menstrual health management.